

# Newsletter

**28 January 2015**

## **ATTENTION Grade 1 to 7! PARTY TIME!!!**

It's Mrs Tudhope's cake sale tomorrow! Remember your spare change and a healthy appetite.

Mickey Mouse pupils do not participate in the Grade 1-7 cake sales, as we have our own special sweet occasions planned for the year.



## **ATTENTION Grade RR and R! MESSY PLAY DAY THIS FRIDAY!!!**

Our pre-schoolers must please come to school on Friday wearing the oldest and dirtiest clothes possible!! We are in for noodles of fun with our famous messy play day! We will be squishing through bath-tubs of jelly and spaghetti, sawdust and mealie-meal, squishies and paint, not to mention good ol' fashioned MUD! Your clothes might never be the same again, so here's what we need from you...

1. Wear OLD clothes
2. Have a plastic bag to put dirty old clothes into
3. Have a set of clean clothes (civvies) to change into after the messy fun
4. Label everything please!
5. Appreciate that your child might not be clean when you collect them (in case you were planning a visit to your in-laws after school ☺).

## **Some spending advice...**

Just a reminder that we have a small tuck shop open on Fridays and we sell hotdogs on Fridays for R10. Please remember that the selection of sweets is small, and R5 is ample to cover a treat or two. To give your child more than R10 for tuck is senselessly donating your money to feed the fickle masses, as your child cannot consume that much in one sitting - but his/her friends can! Keep tuck a treat and not a popularity contest!

If you would like to keep your child's money safe, we do sell denim neck-wallets in the office for R25.



## **Treasure Keepers Bible Study...**

Did you know that Teacher Cindy/ Mrs Langford holds Bible study classes for pupils on Wednesdays? Bible study classes will resume again on Wednesday the 4<sup>th</sup> of February. The classes are aimed at children who would like to discover the deeper truths of the Bible. All are welcome! Grade 1-3 have classes at 11h30 and Grade 4-7 have their classes at 12h00. Children meet promptly in the After Care Centre for a break of great spiritual food. Our school also has a prayer group for parents that meets on Tuesday mornings from 8h30 - 9h30. All parents welcome!

## **Some extra-mural reminders...**

Please send in your enrolment forms for your extra-murals of choice. Just a reminder that pottery will be on Tuesdays at 13h00. We have also been approached to host free-style dance classes. A demo will be held shortly and more info should follow in a brochure.

## **Doctor, doctor...**

Although you may think that your child will dispense their own medicine responsibly, it has been our experience that children are a little casual in this regard! Please note that it is in our school policy that **NO CHILD MAY HAVE MEDICINE IN THEIR SCHOOL BAG OR ON THEIR PERSON.** If your child is ill or needs medication, please hand the medication in personally at the office at the beginning of the school day and we will store it safely and administer it timeously. Let's keep your child happy, healthy and safe!



**Theme for Mickey Mouse next week...**

Hygiene, germs and teeth!

Prayerfully and playfully  
The Teachers



**Classifieds**

**Liz's School Shuttle Services**

Customized, safe and reliable pick-ups by owner driver who is also a parent of 2 children at Solid Foundations Primary School.

I adhere to the following checklist as I consider it as mandatory for transportation of my own children:

- Reliable and responsible driver who cares for children
- Safe and appropriate roadworthy vehicle with safety features like safety belts for each passenger
- No overloading (each child pays for a seat and sits in his/her own seat)
- Punctual pick-up and drop off which takes into account traffic and road safety
- Safe drop offs that constitute ensuring passengers walk into the school gate safely and a handover to an adult before departing from home drop offs.

Due to small customised shuttles, places available are limited. Contact me, Liz, to reserve a place and for more information on 079 029 8047 (also available on whatsapp).



**PATHER'S SWIMMING SCHOOL**  
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WE OFFER SWIMMING LESSONS TO KIDS AND ADULTS

PLEASE CONTACT US  
YOU ARE WELCOME TO VIEW THE FACILITIES

# HAPPY 2015

Was your **NEW YEARS RESOLUTION**

to get healthy, lose weight and look amazing?

Well then join our amazing **6 Week Weight Loss**  
**Challenge....**

- Starts the **1st of Feb 2015**
- Weekly weigh-ins & Measurements every Wednesday's at 6PM & Saturdays at 09:00 AM
- Weekly Tips on Nutrition and Living healthy
- Grand Prize at the End!!!
- Contact Details:
  - Your Wellness Coach : **082 888 5072** or E-mail : **Kristle.Rebello@avis.co.za**

