



Solid Foundations

CoVid19 Policy for Kids

(The official "grown up" CoVid19 Policy is also available)

Coming to school

1. Uncle Darrel or Miss Ison will check your temperature and spray your hands every day at the school gate. Rub the spray all over your hands and wrists, under your fingernails and between your knuckles.
2. If you have a fever, you won't be allowed to come in to school and you will have to go home.
3. You must wear your mask every day at school and wash it every day when you get home. You won't be allowed to come into school without one, and you are not allowed to take it off during the day. You must also have a spare mask in your suitcase at all times.
4. Your parents must help you check that your transport is "COVID-safe".
5. When you come into school, put your bag on a yellow dot on the floor. Leave it there on the first day. Your teacher will tell you what to do with it after this.
6. When the bell rings in the morning (at 7h30), you will not line up. You will go straight to class. For Grade 5-7, on the first day of school, this means you go straight to your homeroom teacher. On days after this, you go straight to your first period of the day. For everyone else, this means you go straight to your homeroom teacher's classroom every day. If your teacher arrives a minute later than you do, don't wait outside for her, but go straight into the classroom and sit down. There won't be any assemblies in the hall for a while.

In Class

1. Your teacher will spray your hands every time you come into class.
2. Try not to touch things around you and don't touch your face, **AT ALL!**
3. If you need to cough, you must cough into your elbow. Your mask isn't a good enough barrier for spit when you cough or sneeze!
4. If you blow your nose, you have to get up and blow outside and then throw your tissue away in a dustbin outside and wash your hands before you come back to class. But be careful - if you do this too often, you will be sent home for being "sick"!
5. Don't line up close to your friends. Twirl your arms around and make sure you don't bump into anyone. If you do, move. Different teachers will tell you where to line up for their classes so that you can spread out more. If they don't tell you, don't wait in a line outside, but go straight into class and sit down.
6. Your desks may have been moved around in class to make space. You can't change that for now.
7. Don't leave things on your desk at the end of the day because they will be cleaned away by the janitors.
8. Stay far away from your classmates when you go to subjects like PT, art, music or violin.
9. Sorry - no concerts or sports day this year.

Break time

1. Your breaks will be their normal length and at their normal time.
2. You can't eat at the tables you usually sit at. You will have to sit on the ground on a social distancing dot (at least a trolley space away from your friends) to eat your lunch. You can bring a small cushion from home every day if you would like to sit on a cushion while eating your lunch.
3. Wash your hands before you eat. Count 20 seconds as you wash. Wash your wrists and under your nails and in-between your knuckles too! Don't cheat! And you already know this...wash your hands each time you visit the loo!
4. You have to wear your mask at break, sorry.
5. Try not to play games that bring you close to people or make you bump or touch them. If you play with a ball - wash your hands afterwards and don't touch your face at all.
6. Tuck and hotdogs will be sold by your teacher in class on Fridays

Extra murals

1. Your coaches and non-sports extra-mural teachers will decide when they are starting again. Ask them if you want answers, because each one will be different. If mom or dad wants their numbers so they can ask, the numbers are available on our website.
2. Your parents may not feel happy about you doing extra-murals yet, so each family will decide for themselves and don't fight them on this!

What happens if you're feeling sick?

1. If you feel sick at home, don't come to school.
2. If you feel sick at school, or cough and sniff too much, you will be sent home.
3. You will be put outside the hall (by Mr Swieger's classroom) in a special "quarantine area" while you wait for your parents to fetch you. Don't let anyone come near you while you are waiting.

What happens if you feel scared?

1. Mrs Obbes is a trained counsellors and you can chat with her.
2. All the teachers are there to help and support you, and you can talk with them.
3. Most importantly, your Heavenly Father is always with you and he is a prayer away, just waiting for you to chat with Him, ANY DAY, ANY TIME!

Welcome back and let's work together to make school safe and fun for everyone!

